



## Building A Community – One Leader at a Time! School Assemblies – Overview

### **Introduction**

Quick overview of BB status, not all make BB level, but a few will – Thus a few will pick up on wisdom and principles for over 30 years. They can become a BB in knowing the real secrets!

### **Respect**

Martial Arts for instructor and yourself, story about \$20 and respecting yourself. Sometimes, you feel like someone steps on you “you are no good”, etc. Yet the same!

Anyone wakes up before they want too? Overcome that sleepy feeling with wave/smile at yourself in the mirror, it works if you keep it with fun and what it represents – respect waking up!

### **Helping Others**

- ◆ Bring up group and do 1-arm forward/backward and up-out-down (helping with instruction)
- ◆ "I complained of only 1 shoe until I met a man with only 1 leg" – **APPRECIATE** what you have "Always someone better, always someone not as good" – **ACCEPT** your place and position
- ◆ Bring up child from group and tell all how the child “helped me” to learn jump rope. Thru practice and helping/serving others .. we all learn. Emphasis placed on timing (jump rope) and how it relates to Education

### **Sharing with Others**

Group gives 3 subjects, and each juggling ball relates to a like/dislike. Then concept is taught how learning the foundation of balancing and sharing can keep everything happy.

- Emphasis on multi-tasking (juggling) and how it relates to dealing with Tasks or subjects

Power of a compliment, You can't control others actions and words, but you can control your own actions and words!

### **Focus – Overcoming obstacles**

Group participation gives names that are similar to being a “Leader”. Then the karate boards have names written on them, with each board being broken in a different manner.

- ◆ Emphasis placed on overcoming obstacles (board breaks) and how it relates to dealing with Adversity. Also, FOCUS allows a CAN-DO attitude

### **Fun – Believe in Yourself and Be a Leader!**

Big Things come in small packages (2 smallest, boy and girl, shout out 2 msgs: “I..”

**Summary** (helping/sharing with others, respecting yourself/others, overcome obstacles and staying Focus–thru Martial Arts wisdom) Improve within, go on to next grade, be a leader in individual activities!! – **THE CHALLENGE IS ON** – Be a Black Belt in the game of Life!

Q&A